



# THURSDAY, APRIL 15, 12-1 PM ADVERSE CHILDHOOD EXPERIENCES & A TRAUMA- INFORMED APPROACH

## MCC Library Lunch & Learn Webinar

Almost everyone is impacted by trauma at some point in their lifetime. According to the CDC, at least 1 in 7 children has experienced abuse or neglect in the past year. A trauma-informed approach nurtures trust, assures a safe environment, and diminishes the possibility of re-traumatizing an individual. The MCC Library is hosting a guest lecturer, Angie Geren, Project Director of AZ Adverse Childhood Experiences Consortium. Angie will be discussing trauma, adverse childhood experiences (ACEs), and how you can begin applying a trauma-informed approach in your daily interactions. \*This webinar has been pre-approved as an honors co-curricular academic lecture.

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## About Angie Geren



Angie Geren, APP, CHt, is a Community Development Specialist and Polarity Therapist committed to changing the conversation surrounding substance use and mental health by empowering individuals and connecting communities to become recovery ready through a trauma informed lens. Angie is Founder of Arizona Recovers, a recovery community organization, which provides harm reduction based peer support, community, and prevention.

The MCC Library strives to host inclusive, accessible events that enable all individuals, including individuals with disabilities, to engage fully. To request an accommodation or for inquiries about accessibility, please contact Marjorie Leta at: [marjorie.leta@mesacc.edu](mailto:marjorie.leta@mesacc.edu)

## ZOOM WEBINAR DETAILS

Thursday, April 15, 2021  
12:00-1:00pm

Zoom Link:  
<https://tinyurl.com/22raryt7>

Password: mcc  
Code: 984 6459 6571