

Psychology Work Sheet

Unit 10 - Personality Theory Psychology: Themes & Variations – Wayne Weiten

Name _____ Section _____

1. Psychoanalysis was invented by _____.
2. Psychoanalytic theory focuses on two major influences of personality:
 - a) _____; b) _____.
3. In Psychoanalytic theory: Freud hypothesized three levels of consciousness. Identify them and define them:
 - 1) _____: _____
 - 2) _____: _____
 - 3) _____: _____
4. Freud also said that there are three structures, or parts, of the personality. Define each of the following structures and describe its function.
 - a) Id _____
 - b) Ego _____
 - c) Superego _____
5. Complete the diagram that illustrates the psychoanalytic explanation for defensive behavior.



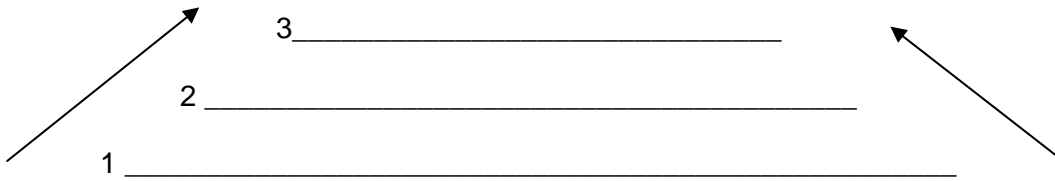
6. Draw a line to match the correct defense mechanism with the example given below.

Rationalization
Denial
Displacement
Repression
Projection

Funny, I don't even remember how we broke up.
Sally got yelled at by Mom so she hit her doll.
She didn't die, she didn't; they buried someone else.
Oh, heck, everyone else does the same thing.
I'd never do that, it is all those other people who do it.

7. Behaviorism applied B.F. Skinner's focus on _____ to personality.
8. According to Albert Bandura, children learn from their parents, not just because of conditioning, but because the children _____.
9. In the Humanistic view of personality, Carl Rogers focused on self concept. Self Concept is defined as: _____.
10. According to Rogers, we tend to maintain our self-concepts by two processes. Define how each of these processes work to stabilize our self-concept.
- a) Self-fulfilling behavior: _____
- b) Resisting contradictory feedback: _____
11. If your self-concept and reality pretty much match, Roger called that _____; whereas if there are a lot of differences between your beliefs and reality, Rogers called that _____.

12. Identify the first three levels of Maslow's hierarchy of needs.



13. Identify 4 of the characteristics Maslow said that self-actualized people displayed.
14. The first studies of the relationship of body types to personalities were found to be invalid because:
15. The Biological theory of Hans Eysenck focuses on the role of _____ in determining personality.